

Mesa Ridge High School Social Distancing and Face Covering Guidelines and Agreement

In an effort to slow the spread of COVID-19, Mesa Ridge High School requires all students, parents/guardians, and visitors to the building consistently observe and practice the adopted COVID-19 safety guidelines. It is important for everyone to wear face coverings and practice social distancing in public settings.

Social Distancing (also referred to as physical distancing) limits close face-to-face contact with others in order to reduce the spread of COVID-19. When practiced in combination with other preventive actions (e.g. wearing face coverings, regularly washing hands with soap, and avoiding face touching), social distancing has proven to slow the spread. Expectations for social distancing are as follows:

- Maintain a safe space between yourself and others who are not from your household
- 6 feet of distance is considered safe
- Follow guidance of signage that highlights predetermined spacing at seating arrangements (e.g. cafeteria seating)
- Utilize outdoor resources (e.g. patio seating) when possible
- Choose safe social activities and stay distanced while socializing

Face coverings (masks) are simple barriers that help prevent respiratory droplets from traveling into the air and onto other people in the event of coughs, sneezes, speaking, etc. Some people may choose to use a face shield when sustained close contact with other people is expected. It is not known if face shields provide any benefit as source control to protect others from the spray of respiratory particles. When face shields are used without a mask, they should wrap around the sides of the wearer's face and extend to below the chin.

Expectations for wearing face coverings are as follows:

- All people 2 years of age and older will wear face coverings in public settings and around others who do not live in your household
- It is critical that face coverings be worn especially when other social distancing measures are difficult to maintain (e.g. passing and lunch periods; when not eating)
- Face coverings should NOT be worn by individuals who have trouble breathing, are unconscious, incapacitated, or otherwise unable to remove the mask without assistance
- Reusable face coverings/shields should be cleaned and disinfected after each use
- Images, phrases, and depictions must not be disruptive to the learning environment and must be in accordance with district dress code policy

On the date of ____ / ____ / _____, I, _____ (print name) hereby acknowledge receipt of the Mesa Ridge High School Social Distancing and Face Covering Guidelines and Agreement. I have read the safety guidelines and agree to abide by them when accessing Mesa Ridge High School or any other Widefield School District 3 facility, and/or when attending a district or school sponsored event. I acknowledge that failure to abide by these expectations may result in administrative disciplinary action.

Student Signature

Parent/Guardian Signature